



OUR MISSION

www.stutteringhelp.org



The Stuttering Foundation®

Stuttering. This often misunderstood disability affects over three million Americans. Little is known about its cause or causes.

Much is known, however, about what *helps*—and in this the Stuttering Foundation of America plays an important role both in the prevention of stuttering in children and in improving treatment for adults.

As the oldest nonprofit organization in its field, the Stuttering Foundation is recognized worldwide as an authoritative source of information. It is engaged on every front, from supporting basic and clinical research to genetic mapping and raising public awareness.

The Foundation provides services, support and help to all those who stutter and their families, answering some 24,000 calls a year through its national toll-free helpline, 1-800-992-9392.

The Foundation's reach extends internationally through its Web sites, www.stutteringhelp.org and www.tartamudez.org; its training conferences, workshops and symposia; and the distribution of more than 800,000 publications annually to 63 countries throughout the world.

Now, the Foundation is extending its reach into the future, as it supports research to discover the underlying causes of stuttering and new treatments.

The history of the Foundation is the story of how one person with a significant stutter led a successful life and made a lasting difference in the lives of others with the same disorder.

In 1947, Malcolm Fraser, a young man from Memphis, Tennessee, knew about stuttering from personal, often painful experience. He decided to do what he could to help others who stutter, and met with one of the foremost authorities of the day, Dr. Charles Van Riper, to discuss founding a nonprofit charitable organization.

The organization Fraser founded became today's Stuttering Foundation of America. Its goal was to provide the best and most up-to-date information and help available for the prevention of stuttering in young children and the most effective treatment available for teenagers and adults.

More than 57 years later, The Stuttering Foundation continues to pursue these same goals, although the tools to accomplish them are more varied and widespread. As it did when Malcolm Fraser turned his dream into reality, the Foundation dedicates itself to the contemporary concerns of those who stutter.

The Stuttering Foundation of America is a tax-exempt organization under section 501(c)(3) of the Internal Revenue Code and is classified as a private operating foundation as defined in section 4942(j)(3).

Charitable contributions and bequests to the Foundation are tax deductible, subject to limitations under the Code.

Services Provided by The Stuttering Foundation

- Maintains two web sites—www.stutteringhelp.org and www.tartamudez.org—which provide help, information, and resources to a world-wide audience.

- Maintains toll-free hotline—1-800-992-9392—and answers some 24,000 calls a year.

- Publishes 26 books, 28 videotapes and 17 brochures on stuttering. Over 800,000 publications are distributed each year to those who stutter, their families, speech-language pathologists, pediatricians, family physicians, hospitals, schools, clinics, day-care centers, libraries, and others concerned with the problem of stuttering.

- Provides an information packet to parents of children who may have a stuttering problem. The packet includes free brochures and a resource list.

- Provides an information packet for adults and teens who stutter. This includes free brochures, a resource list, and contacts for support groups in their areas.

- Provides a nation-wide resource list for adults who stutter, parents, pediatricians, speech-language pathologists, and all those looking for a speech-language pathologist who specializes in stuttering.

- Co-sponsors five-day intensive training workshops, *Diagnosis and Treatment of Children Who Stutter: Practical Strategies*.

- Co-sponsors a two-week intensive training workshop, *Stuttering Therapy: A Workshop for Specialists*, with the University of Iowa.

- Distributes information on stuttering at the conventions of the American Academy of Pediatrics, the American Academy of Family Physicians, the National Association of School Nurses, the National Association of Pediatric Nurses, and the American Speech-Language-Hearing Association, and others.

- Sends approximately 2,500 press releases several times a year to educate the public about stuttering. These releases are sent to newspapers, syndicated columnists, and editors at magazines, radio, and television stations across the country.

- Distributes videotapes, books, and brochures to 63 countries on five continents.

Educational Conferences, Workshops, and Symposia

From its inception, one of the primary goals of the Foundation was to discuss and attempt to resolve the many questions surrounding stuttering. Through the years, the Foundation has met this challenge through a variety of educational meetings and seminars including:

- Intensive, week-long conferences during which authorities in the field create videotapes and books.

- Two-day symposia to educate professionals and to focus on a specific topic such as working with the school-age child who stutters.

- Two-week program for in-depth specialty training: *Stuttering Therapy: Workshop for Specialists*. From 1985 through 2001, this program was co-sponsored with Northwestern University. Since 2003, the Workshop has been co-sponsored with the University of Iowa.

- Five-day intensive training workshops *Diagnosis and Treatment of Children Who Stutter: Practical Strategies*. These programs are co-sponsored with leading universities.

INTENSIVE, WEEK-LONG CONFERENCES

The Foundation held its first conference in 1957 to bring together eminent speech pathologists and authorities in psychology, psychiatry, and even cultural anthropology for a week of discussions to see if they could agree upon general guidelines for a comprehensive program on stuttering. This was the first opportunity these professionals had had to confer as a group for such an extended period of time.

The conference resulted in a book, *On Stuttering: Its Treatment*. This was no small feat considering the disagreements and diversity of thought among authorities at that time. The book was sent free of charge to the members of the American Speech-Language-Hearing Association who passed a resolution expressing their “deep appreciation” to the Foundation for its sponsorship and publication of the book.

Since that time, the organization has sponsored many such forums during which leading speech pathology professionals have shared ideas. These week-long conferences have been critical in working towards agreement concerning therapy techniques. Since the first book was published 47 years ago, Stuttering Foundation books have been translated into 22 foreign languages and have reached over 10 million individuals.



1957 Conference. Front row: Dr. Dean Williams, Malcolm Fraser, Dr. Stanley Ainsworth, Dr. Robert West; Back row: Dr. Henry Freund, Dr. Hal Luper, Dr. Wendell Johnson, Dr. Joseph Sheehan, Dr. Charles Van Riper.

TWO-DAY SYMPOSIA

The Foundation's two-day symposia, which pinpoint and focus attention on specific areas of stuttering, bring together outstanding professionals in the field and those wanting to increase their therapeutic skills. These conferences have been co-sponsored with some of the leading speech pathology departments in the world:

Northwestern University
University of Alberta, Canada
University of Illinois, Champaign-Urbana
College of Speech Therapy, Queen's College,
Oxford University, England
The George Washington University
University of Tennessee, Knoxville
University of Nebraska, Lincoln
University of Maryland, College Park
University of Colorado, Boulder
University of South Florida
University of Memphis
California Speech-Language-Hearing Association
Wichita State University
University of South Carolina
University of Utah
Texas Christian University



Group photo of participants at the two-day conference at Northwestern University on "How Can Stuttering Therapy Be Successful in the Schools?"



Ann McKeehan, M.A., speaking at a recent conference on working with teachers.



"Stuttering Therapy: Practical Ideas for the School Clinician" was sponsored by the Foundation and the University of Utah.

WORKSHOP TO TRAIN SPECIALISTS IN STUTTERING

The Foundation co-sponsors a two-week workshop that offers speech clinicians a unique opportunity to explore therapy issues and treatment methods with children and adults in an in-depth fashion.

The *Workshop for Specialists* was organized and directed by Hugo H. Gregory, Ph.D., at Northwestern University from 1985-2001. In 2003, Patricia Zebrowski, Ph.D., became the director at the University of Iowa.

Programs such as the Association Parole Bégaiement in Paris and a similar foundation in South Africa are direct results as graduates from 28 countries share what they have learned with colleagues and compatriots.



2001 Workshop for Specialists in Stuttering. Front row: Diane Hill, Carolyn Gregory, Hugo Gregory, Jane Fraser, Joe Fulcher, June Campbell. Second row: Mary Ann Moore, Barbara Burnet, Kelly Barringer, Linda Doss, Melissa Jackson, Elaine Christie, Dobrinka Georgieva. Third row: Andrea Lea Davis, Helena Heimo, Shannon Muir, Russ Summers, Terry Peterson, Roberta Costa Ferreira. Back row: Rachel Williams, Adriana Scuka, Virginie Huguenin, Carmen Arias, Nadia Teitler, Blanca Gonzalez, Raimonda Bernotiene.



2003 Workshop participants. Front row: Patricia Zebrowski, Sarah Relles, Jane Fraser, Kristi Reid, Rosalee Shenker, Patricia Lohman-Hawk, Auli Laiho. Second row: Laurie Daniels, Toni Cilek, Virginia Dubasik, Tasha Miller, Kelly Daniel, Nicola Kelsey, Patricia Mooney, Julia Gasway, Claudia Kikuta. Third row: Michael Carlberg, Mirjana Lasan, Sally McKee, Steve Gude, Karen Bohlin, Kurt Eggers, and Ursula Zsilavec.

FIVE-DAY INTENSIVE TRAINING WORKSHOP

A five-day, intensive training workshop offers speech-language clinicians an opportunity to improve the diagnosis and treatment skills in working with elementary school-age children who stutter.

The first workshop was held in 1996, organized and directed by Dr. Susan Dietrich of the University of North Carolina and Dr. Sheryl Gottwald of the University of New Hampshire, with the collaboration of Maureen Tardelli, M.Ed.

Annual workshops are also held in Seattle, Washington, under the leadership of Susan Hamilton, M.A. and Jennifer Watson, Ph.D., co-sponsored with the University of Washington, and in Tallahassee, Florida, under the leadership of Lisa Scott Trautman, Ph.D., Kristin A. Chmela, M.A., and Joe Donaher, M.A., co-sponsored with Florida State University.



2001 participants at the Western Workshop in Seattle, WA.



Workshop participants learn from and enjoy presentations by noted speakers.



Front row: Sheryl Gottwald, Dawn Moore, Stefanie Nance, Marty Shulman, Meredith Nahra, Colette Edwards, Susan Dietrich. Second row: Sheila Hensley, Susan Clay, Marie Cooper, Barbara Cady, Kathy Canupp, Jane Fraser. Back row: Louise Raleigh, Netia George, Rodney Smith, Peter Ramig, Karen Padgett, John Borel Ellis, Sally Oppen, Kim Stallings, Barbara Ann Bennett, Diane Whittington, and Mike Stephenson in Greensboro, NC.

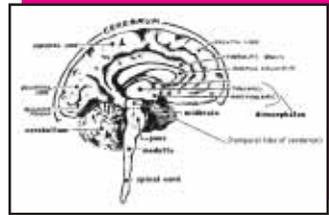
Basic Research

The Foundation is turning its attention more and more to various facets of basic research.

Brain Research

Neuroimaging studies have greatly enhanced the potential to understand brain-behavior relationships in complex behaviors such as speech and language.

A recent study by Dr. Anne Foundas, M.D., Department of Psychiatry and Neurology, Tulane University, revealed the first evidence that anatomic anomalies may put an individual at risk for the development of stuttering. Research efforts are expanding which should provide information to develop targeted behavioral and pharmacological interventions, and may lead to earlier detection of individuals at risk for developmental stuttering, according to Dr. Foundas. The Foundation is promoting this research in various ways.



Genetic Research

Finding the genes involved in stuttering and understanding what they do in people who stutter and in those who are normally fluent holds the promise of revealing some of the underlying causes of stuttering. From this, researchers hope to be able to develop better therapies for those who stutter. The Foundation is actively involved in a project directed by Dr. Dennis Drayna of the National Institute on Deafness and other Communicative Disorders searching for genetic markers associated with stuttering.

“Knowing the location of these genes is the first step toward finding the genes themselves which could provide major new insights into the causes of stuttering,” Drayna says.



Inside the nucleus of nearly every cell in the body, a complete set of genetic instructions, known as the human genome, is contained on 23 pair of chromosomes.

Public Awareness of Stuttering

In 1985 the Foundation began to turn its attention to public awareness of stuttering. Today, an extensive public awareness campaign:

- Educates the public about stuttering in an effort to dispel the myths and misconceptions surrounding it,
- Advises the public that help is available, and
- Focuses attention on the latest research.

Every year press releases on stuttering are distributed to both daily and weekly newspapers, syndicated columnists, and editors at magazines, radio and TV stations, resulting in thousands of articles on different aspects of the disorder. The stories and appearances on national television—including CBS *This Morning*, *The Today Show*, and CNN—have in turn generated thousands of calls from readers, listeners and viewers concerned about stuttering.

Public service advertisements reach millions of readers each year through the generosity of national, regional and local magazines, and televised public service announcements air on national networks and on radio stations across the country. In 2003 alone, the public awareness program with



SFA's Fraser on NBC Today Show.

Stuttering Didn't Keep Him Off TV.

Stuttering hasn't stopped actor Nicholas Brendon from making his mark on Hollywood. As "Knox" on the popular TV series, *Buffy The Vampire Slayer*, "Nick" works on his speech daily.

For more information about stuttering and what you can do, visit us, visit us at www.stutteringhelp.org or call toll-free 1-800-992-9392.

Visit us at www.stutteringhelp.org

THE STUTTERING FOUNDATION
100 Wilson Street, Suite 401 • 201 Ave. 20th • Memphis, TN 38103-2197
1-800-992-9392

The voice of freedom never faltered, even though it stuttered.

Winston Churchill was perhaps the most stammering, eloquent speaker of this century. He also stuttered. If you stutter, you should know about Churchill. Because his life is a proof that, with the will to achieve, a speech impediment is no impediment. Learn about the many ways you can help yourself or your child. Because your finest hour lies ahead.

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Stuttering Wasn't The End Of His World.

Explorer, wildlife conservationist and author Alan Rabinowitz has discovered new species and hidden worlds. That's because for him, it's not stuttering because the end of his.

Alan knows that when the goal is worth achieving, nothing is beyond reach. Discover what you can do about stuttering. Write or call us toll-free, and open up your world.

Visit us at www.stutteringhelp.org

THE STUTTERING FOUNDATION
100 Wilson Street, Suite 401 • 201 Ave. 20th • Memphis, TN 38103-2197
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Popular SFA Public Service Advertisements.

actor Nick Brendon reached more than 200 million readers, and more than \$2.5 million in advertising space was donated for the Foundation's public service advertisements.

The Foundation's web site, www.stutteringhelp.org, contains information for the general public as well as specific help for those who stutter and their families. With a half million hits per month, this on-line resource is proving an extremely useful tool in raising awareness about stuttering, dispelling common myths, and providing helpful materials. In 2003, the Foundation launched a Spanish site, www.tartamudez.org.

Since 1992, the following nationally-recognized spokespersons have worked with the Foundation to promote National Stuttering Awareness Week: Annie Glenn, wife of astronaut and senator John Glenn; country music star Mel Tillis; ABC 20/20's John Stossel; zoologist, author and explorer Dr. Alan Rabinowitz; NBC Sports commentator and basketball star Bill Walton; Metropolitan Opera star Robert Merrill; U.S. Open champion and CBS Sports commentator Ken Venturi; Chicago Bull's legend Bob Love; and *Buffy the Vampire Slayer* star Nicholas Brendon.

Their leadership has helped reach millions of people with a message of help and hope.



Annie
Glenn



John
Stossel



Nicholas
Brendon



Bill
Walton



Mel
Tillis



Ken
Venturi



Dr. Alan
Rabinowitz



Robert
Merrill



Bob
Love

Publications

Stuttering Foundation of America books are directed to parents and those who stutter, speech pathologists, pediatricians, family physicians, nurses, health care professionals, hospitals, schools, clinics, day-care centers, and all those concerned with the problem of stuttering. Since the original publication, Foundation books and brochures have reached millions of individuals worldwide.

The 26 publications available today bring together current information and cover every phase of this complex speech disorder. They were written by leading authorities in the field of stuttering.

These books and materials are used in many speech pathology departments in colleges and universities around the country and the world. In addition, many books have been translated into 22 other languages including Spanish, Flemish, German, Italian, Japanese, Swedish, French, Vietnamese, Lithuanian, Korean, Chinese, Cambodian, Danish, Arabic, Icelandic, Hindi, Finnish, Persian, Zulu, Czech, Slovak, and Russian.

A nominal charge for books partially defrays postage and handling costs.

Stuttering Words, Third Edition—An authoritative glossary of the meanings of the words associated with stuttering and its treatment.

Stuttering: Successes and Failures in Therapy—Case histories of successes and failures in the treatment of stuttering by nine leading speech pathologists describing procedures and techniques used and the results attained.

Advice to Those Who Stutter—Practical advice written by 24 men and women speech pathologists who themselves stutter, advising what helped them and what they believe will help others control their difficulty.

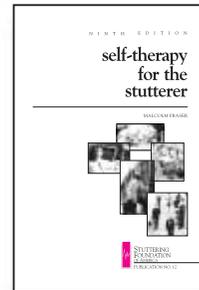
Therapy for Those Who Stutter—Outlines a program for speech clinicians working with adults or older teens.

If Your Child Stutters: A Guide for Parents, Sixth Edition—An authoritative and understandable book for parents concerned about the speech of their young child. Contains examples of what to do to help the disfluent child.

Self-Therapy for the Stutterer, Tenth Edition—Written for the adult who stutters, this book outlines a self-therapy program which describes what the person who stutters can do to tackle the problem and work towards controlling stuttering. Often used as a supplement to clinical treatment.

Treating the School-Age Stutterer: A Guide for Clinicians, Second Edition—Describes how a clinician can work effectively with school-age children who stutter.

Stuttering: An Integration of Contemporary Therapies, Second Edition—Explains how speech clinicians can combine the different but most commonly used treatment procedures to get effective results.



Effective Counseling in Stuttering Therapy—This book helps the clinician have a better understanding of the counseling aspect of therapy and suggests ways to use it effectively. Goals and processes described by leading authorities.

Stuttering Therapy: Transfer and Maintenance, Second Edition—Discusses in depth the crucial role of transfer and maintenance and how they may be used to promote long-lasting therapy results.

Stuttering Therapy: Prevention and Intervention with Children—An in-depth discussion of effective procedures used in early intervention with children.

Do You Stutter: A Guide for Teens, Fourth Edition—Written by seven leading speech pathologists who give practical advice to teens on coping with their problem.

Stuttering and Your Child: Questions and Answers, Third Edition—The most up-to-date thoughts of seven leading authorities. Answers to the questions most asked by parents, teachers and all those helping the child who stutters.

A Stutterer's Story—A subjective account of what a severe stutterer undergoes—the shame, loneliness, and discouragement that he and the people who care about him feel.

The Child Who Stutters: To the Pediatrician, Third Edition—Explains the difference between normal disfluency and stuttering. A bibliography of the latest research, counseling ideas and a physician's checklist for referral included.

The Child Who Stutters: To the Family Physician—Guidelines to help family physicians. Explains differences between normal disfluency and stuttering.

The Child Who Stutters: To the Health Care Provider—Background and guidelines to help health care providers. Explains differences between normal disfluency and stuttering. Counseling ideas and a checklist for referral included.

Sometimes I Just Stutter—Informative new book for children ages 7–12.

Mon Enfant Begaie-t-il? Une Guide pour les Parents—French translation of *If Your Child Stutters: A Guide for Parents*.

Auto-Terapia para el Tartamudo—Spanish translation of *Self-Therapy for the Stutterer*.

Consejos para el Tartamudo—Spanish translation of *Advice to Those Who Stutter*.

La Tartamudez y su Niño: Preguntas y Respuestas—Spanish translation of *Stuttering and Your Child: Questions and Answers*.

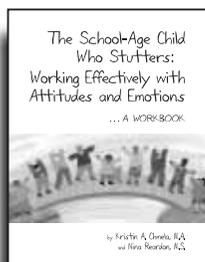
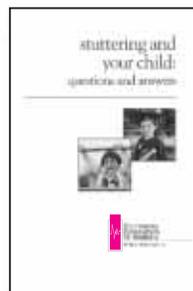
Si Su Hijo Tartamudea: Una Guía para los Padres—Spanish translation of *If Your Child Stutters: A Guide for Parents*.

A Veces, Yo Tartamudeo—Spanish translation of *Sometimes I Just Stutter*.

The School-Age Child Who Stutters: Working Effectively with Attitudes and Emotions—A workbook offering clinicians strategies for assessing and working with the feelings and beliefs of children who stutter. Includes real-life examples.

Stuttering: Straight Talk for Teachers—A handbook with resources for classroom teachers and SLPs in the school setting.

The PowerR Game—A book and boardgame therapy set offering clinicians a “hands on” strategy for assessing and working with the feelings associated with stuttering. Helps teens and adults manage their stuttering and response to it.



Videotapes

In 1994, the Foundation began a series of tapes which are offered at a nominal cost to individuals and free to public libraries, where over 5,500 now shelve them. These videotapes, some of which depict the actual treatment of stuttering, are used by professionals, both with their clients and as training tools. The videos feature well-known specialists in stuttering.

Stuttering and the Preschool Child: Help for Families
La Tartamudez y Su Niño: Una Guía para la Familia—
Spanish translation.

Stuttering and Your Child: A Videotape for Parents

Do You Stutter: Straight Talk for Teens

Therapy in Action: The School-Age Child Who Stutters

If You Stutter: Advice for Adults

Stuttering: Straight Talk for Teachers

Counseling: Listening To and Talking With Parents of Children
Who Stutter



A new series of tapes for professionals was launched in 1999. Each tape comes with a handout suitable for in-service presentations.

The School-Age Child Who Stutters: Working Effectively With Attitudes and Emotions

The School-Age Child Who Stutters: Dealing Effectively with Guilt and Shame

The School Clinician: Ways To Be More Effective

The Child Who Stutters: Practical Advice for the School Setting

Making Sound Clinical Decisions

Counseling Parents of Children Who Stutter

Working With Teachers: Practical Ideas for School Clinicians



Brochures

Stuttering Foundation brochures bring comprehensive up-to-date information to all who are interested in the problem of stuttering. Single copies are mailed free of charge. Topics include:

If You Think Your Child Is Stuttering—Explains the difference between normal speech development and stuttering in the young child and gives nine new tips for parents and others on how to help the disfluent child.

Notes to the Teacher: The Child Who Stutters at School—Answers for teachers about how to help the child who stutters in the classroom.

Why Speech Therapy?—Tells what to look for and what to expect from therapy. An important tool for finding a therapist and setting realistic goals.

How to React When Speaking with Someone Who Stutters—Lets the readers know how to react when interacting with someone who stutters and how to put them at ease.

15 Famous People Who Stutter—Features well-known and successful individuals who stutter. This inspiring brochure is especially useful to raise awareness during National Stuttering Awareness Week.

Using the Telephone: A Guide for Those Who Stutter—A helpful guide for those who have difficulty speaking on the telephone.

Cluttering: Some Guidelines—What it is and how to help.

Down's Syndrome and Stuttering—Discusses the effect of Down's Syndrome on fluency and how to help people with Down's Syndrome.

Did You Know...—A fact sheet about stuttering.

Stuttering: Answers for Employers—Greater understanding of stuttering benefits both the organization and workers. A must for the job interview.

Stuttering and the Bilingual Child—Gives guidelines on how to help the bilingual child who stutters. It offers suggestions for reducing language demands on those children and includes ideas for structuring therapy.

Neurogenic Stuttering: Some Guidelines —What it is and how to help.

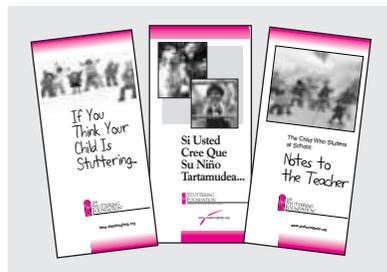
Tourette's Syndrome and Stuttering —What to look for and how to help.

Si Usted Cree Que Su Niño Tartamudea—Spanish translation of *If You Think Your Child Is Stuttering*.

El Niño Que Tartamudea en la Escuela—Spanish translation of *Notes to the Teacher: The Child Who Stutters at School*.

Utilizando el Teléfono—Spanish translation of *Using the Telephone*.

Cómo Reaccionar Delante De Una Persona Que Tartamudea—Spanish translation of *How to React When Speaking with Someone Who Stutters*.



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Donald
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George
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about the founder



Malcolm Fraser knew from personal experience what the person who stutters is up against, having struggled with stuttering since early childhood.

He first received therapy at age fifteen with Frederick Martin, M.D., Superintendent of Speech Correction for the New York City schools.

A few years later, he worked with J. Stanley Smith, L.L.D., a philanthropist who stuttered, who founded the Kingsley Clubs in Philadelphia and New York, support groups that were named after the English author, Charles Kingsley, who stuttered. Fraser often led the discussions at both clubs.

In 1928 he joined his older brother Carlyle who founded the NAPA-Genuine Parts Company that year in Atlanta, Georgia. Malcolm Fraser became an important leader in the company and was particularly outstanding in training others for leadership roles.

In 1947, with a successful career under way, he founded the Stuttering Foundation of America. In subsequent years, he added generously to the endowment so that at the present time, endowment income covers over fifty percent of the operating budget.

In 1984, Malcolm Fraser received the fourth annual National Council on Communicative Disorders' Distinguished Service Award. The NCCD, a council of 32 national organizations, recognized the Foundation's efforts in "adding to stutters', parents', clinicians', and the public's awareness and ability to deal constructively with stuttering."



Dr. Kathleen Griffin (left) presents the NCCD 1984 Distinguished Service Award to Malcolm Fraser.

In 1989, Hamilton College, Clinton, New York, presented Fraser with the honorary degree of Doctor of Humane Letters for his outstanding work on behalf of those who stutter.

Malcolm Fraser was honored posthumously with the Charles Van Riper Award, presented by actor James Earl Jones at the 16th annual NCCD Awards Ceremony in Washington, D.C. Established by the American Speech-Language-Hearing Association in 1995, the Van Riper Award was given to Fraser for "his outstanding commitment to people who stutter."



THE
STUTTERING
FOUNDATION®

A Nonprofit Organization
Since 1947— *Helping Those Who Stutter*
3100 Walnut Grove, Suite 603

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1-800-992-9392

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